

TOUR DE OKINAWA ROAD RACE

34th DIVISION

Please complete the reception by the day before all events.
* No registration will be accepted on the day.

RULES and REGULATIONS via INTERNET
Follows Japan Cycling Federation competition rules and special regulations of Tour de Okinawa.

Contestant Instructions

- Competitors must be in conformity with the competition road racer rules based on Japan Cycling Federation.
- Competitors must wear a helmet officially authorized by the Japan Cycling Federation. * Elementary school students should wear a helmet of hard material.
- There will be no gear ratio restrictions for men and women under the age of 18 (as of January 1, 2022).
- Neutral service (supply of wheels) can be received by neutral cars (equipment vehicles and equipment motorcycles) prepared by the organizer. The spare wheel is made by Shimano. * Equipment that supports the neutral service will be announced on the official website of the event.
- The start time may be changed depending on the race situation.
- Players cannot pass through the checkpoint on the courses within cut-off time is disqualified as a general rule. Therefore, those players will be excluded from the competition. Players that have been excluded from the race, be sure to leave the course in accordance with the instructions of the check point referees. Excluded athletes and bicycles will be transported to the venue by pick up vehicle. Bicycles can be received at "Bicycle Claim" provided in the race head quarter.
- Because there are emergency vehicles and commissioners vehicles traveling in the courses during the competition, the riders in principle must run on the left side of the road. For safety aspect, if traveling on the right side of the road in the situation of unavoidable, do not prevent the running of emergency vehicles or commissioners vehicles.
- Using mobile phones or smartphones and cameras during the competition are prohibited. (In preparation for an emergency, possession of mobile phones and smartphones, are allowed.)
- If a mixed run with another category is confirmed, the winners will be subject to disqualification / demotion.
- Based on the JCF regulation, lack of manners in public, especially such indecent behaviors as urination in public is prohibited.
- Competitors, littering of the bottle in other than the depot designated by the organizer is prohibited. Throwing wastes away on the course is prohibited.

Participation conditions for each categories of citizen races.

- JPCA registered players cannot participate citizen race 140km, 100km and 50km categories.
- Professional Keirin cyclist cannot participate in any citizen race 50km categories.
- Those who do not have cycle road race experience cannot participate for the Citizen race 210km. * Participation experience, such as enduro, is not included in the road race experience.

International road race

210km Men's Champion Road Race
Maximum: 100 Participants. Candidate: Invited / Preferential country athletes (Europe, USA, Australia, Asian neighboring countries) Domestic Corporate Team, student federation team.

100km International Women's Road Race
Maximum: 50 Participants. Candidate: Invited / Preferential country athletes (Europe, USA, Australia, Asian neighboring countries) registered with invited national teams with the classification of 25th ranking or higher, or women of high school age or older registered with her respective national bicycle federation.

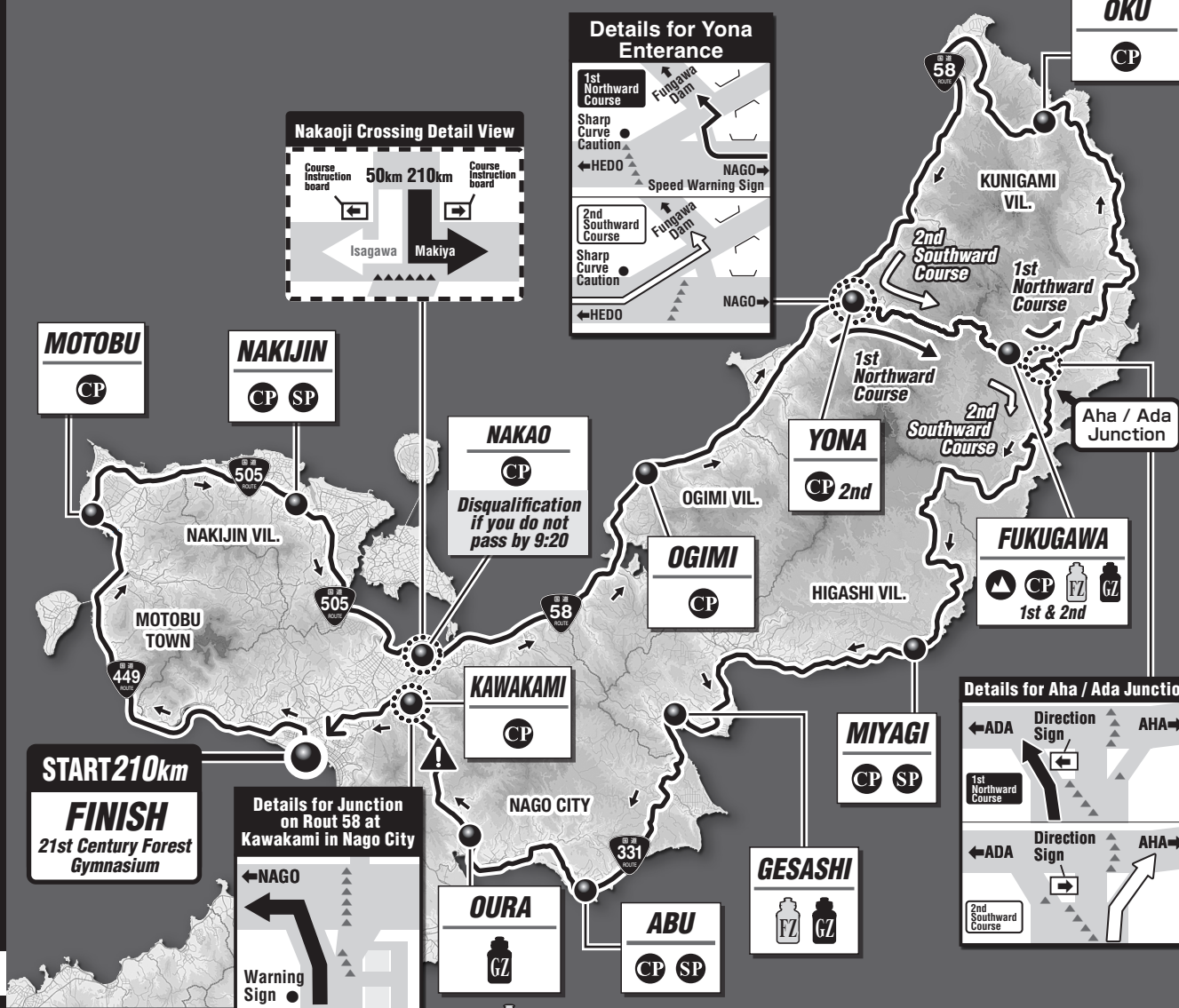
* Overseas team invitations will be handled depending on the situation

210km CITIZEN ROAD RACE

市民レース

Gaining Elevation 3,000m

Gathered up competitive racers!
The highest peak of the road race in a day.



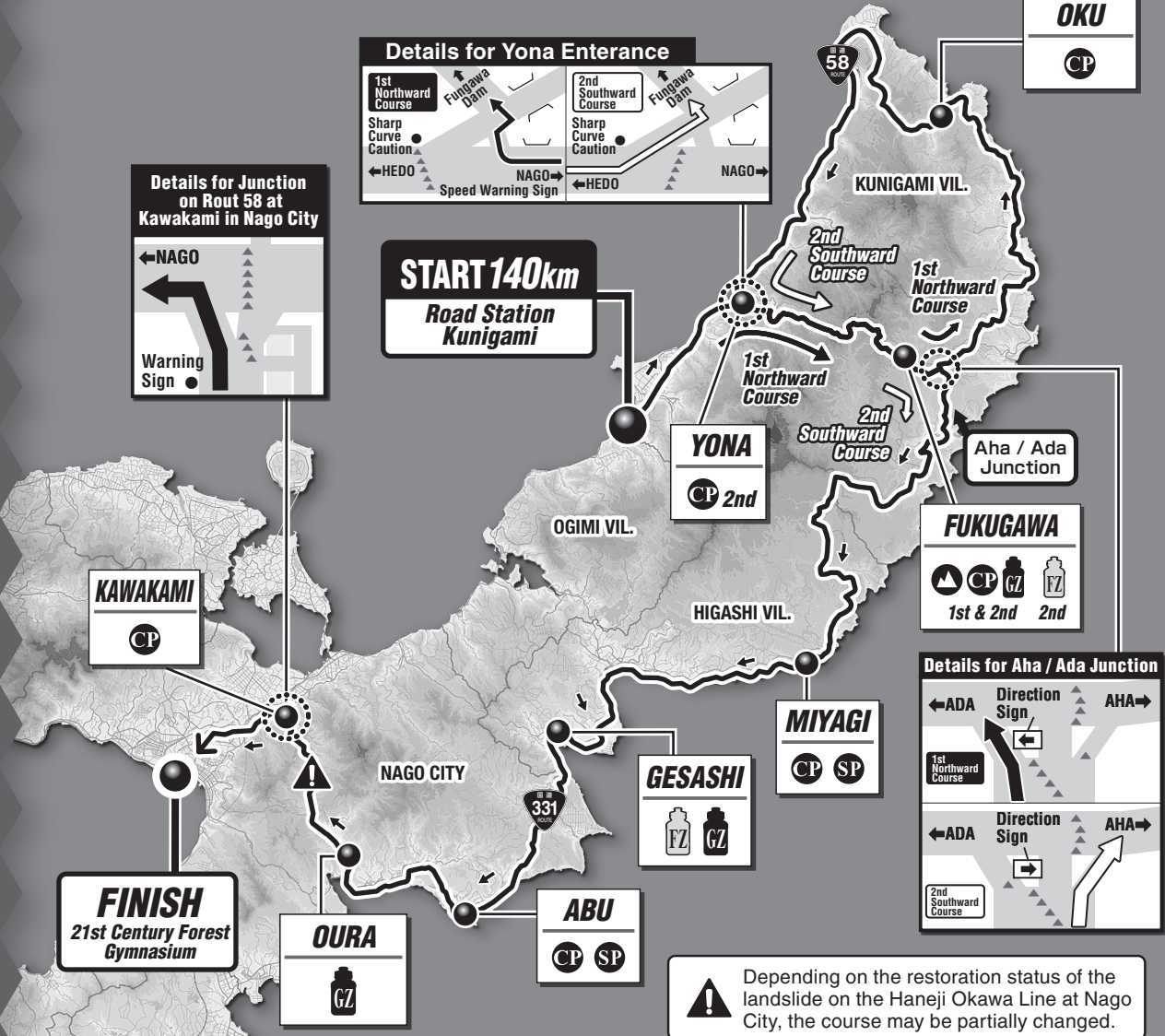
CP CHECK POINT (There is the close at each race and a gateway.)	FEED ZONE	Depending on the restoration status of the landslide on the Haneji Okawa Line at Nago City, the course may be partially changed.
KING OF THE MOUNTAINS (KOM)	GREEN ZONE	
SP SPRINT POINT (The first cyclist to pass a sprint point receives a prize.) * Changes may be added.	Date	November 13th (Sun.)
	Eligibility	Age between 19-59 for Men
	Maximum	200 participants
	Entry Fee	35,000 yen

140km CITIZEN ROAD RACE

市民レース

Gaining Elevation 2,600m

Serious battle for citizen racers
in the vasty nature.



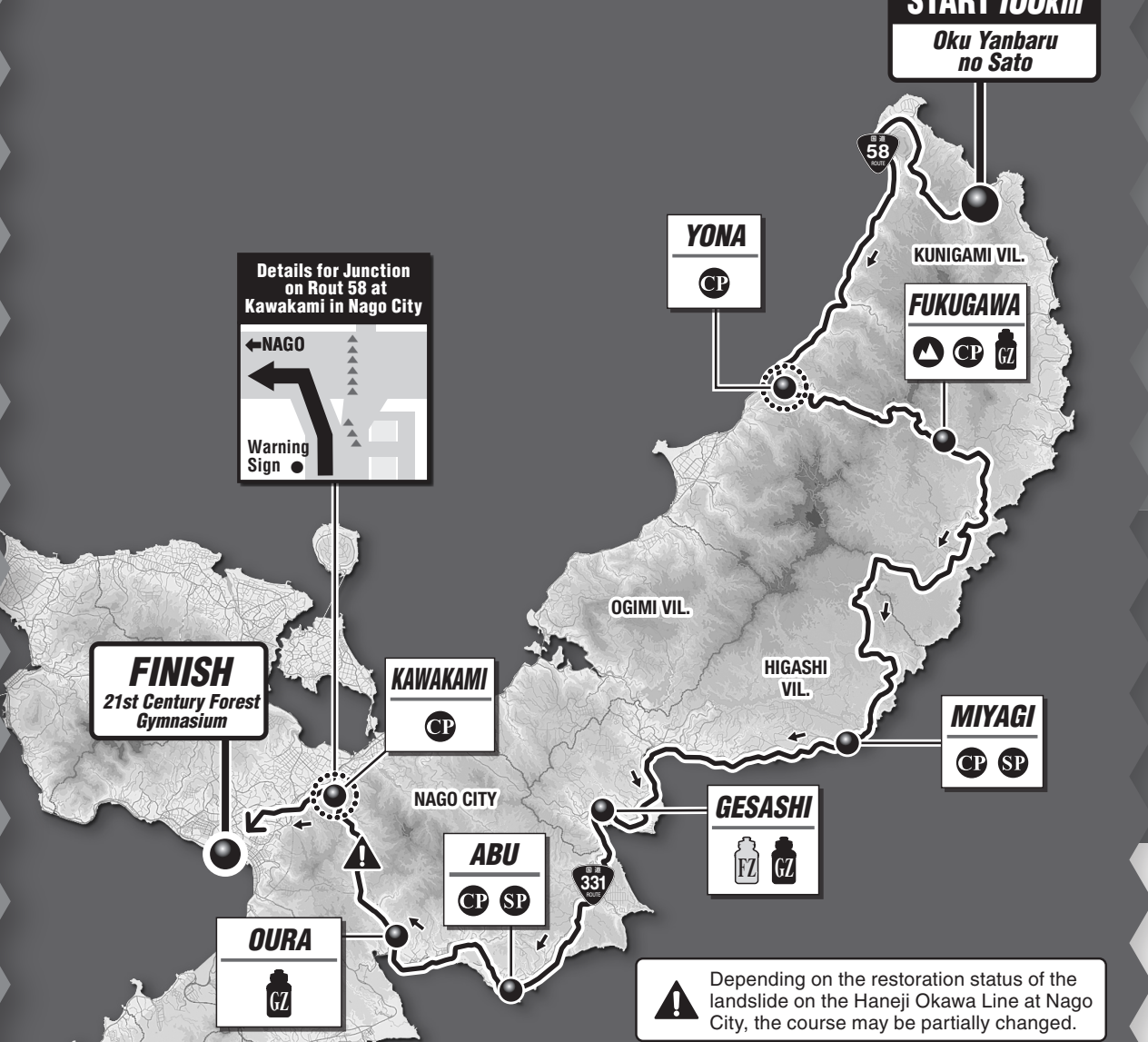
Open	Date	November 13th (Sun.)	Eligibility	16 y/o or older
	Maximum	250 participants	Entry Fee	30,000 yen(10,000 yen for H. School. Stu.)
Masters	Date	November 13th (Sun.)	Eligibility	40 y/o or older
	Maximum	250 participants	Entry Fee	30,000 yen

100km CITIZEN ROAD RACE

市民レース

Gaining Elevation 1,900m

Ride through the scenery of
Okinawan dynamic course!



Open	Date	November 13th (Sun.)	Eligibility	16 y/o or older
	Maximum	250 participants	Entry Fee	25,000 yen(10,000 yen for H. School. Stu.)
Masters	Date	November 13th (Sun.)	Eligibility	40 y/o or older
	Maximum	250 participants	Entry Fee	25,000 yen

Citizen road race 50km

Open	Date	November 13th (Sun.)	Eligibility	16 y/o or older	Maximum	200 participants
	Entry Fee	15,000 yen (10,000 yen for H. School. Stu.)				
Forty (40s)	Date	November 13th (Sun.)	Eligibility	Age between 40-49	Maximum	200 participants
	Entry Fee	15,000 yen				
Fifty (50s)	Date	November 13th (Sun.)	Eligibility	Age between 50-59	Maximum	200 participants
	Entry Fee	15,000 yen				
Over 60	Date	November 13th (Sun.)	Eligibility	60 y/o or older	Maximum	200 participants
	Entry Fee	15,000 yen				

Challenge Race 50km

Attention! SPECIAL RULES For all the Challenge Race 50km events, none of the competitors are recognized at the award ceremony as it will be the events for those who aim for completion. Those who completed the race will receive a certificate with ranking and completion times posted. (There is time limit at each Check-Point Gate.)

Estimated Start Time	Date	November 13th (Sun.)	Maximum	200 participants
7:45	Eligibility	16 y/o or older	Entry Fee	13,000 yen (8,000 yen for H. School. Stu.)

Women's Citizen Road Race 50km

50 Km for battle of the women's racer!
Leap up by the Okinawan cheers from the roadside!

Date	November 13th (Sun.)	Maximum	200 participants
Eligibility	13 y/o or older	Maximum	200 participants
Entry Fee	15,000 yen (10,000 yen for H. School. Stu.) (6,000 yen for M. School. Stu.)		

Male Junior H.School Students' Road Race 50km

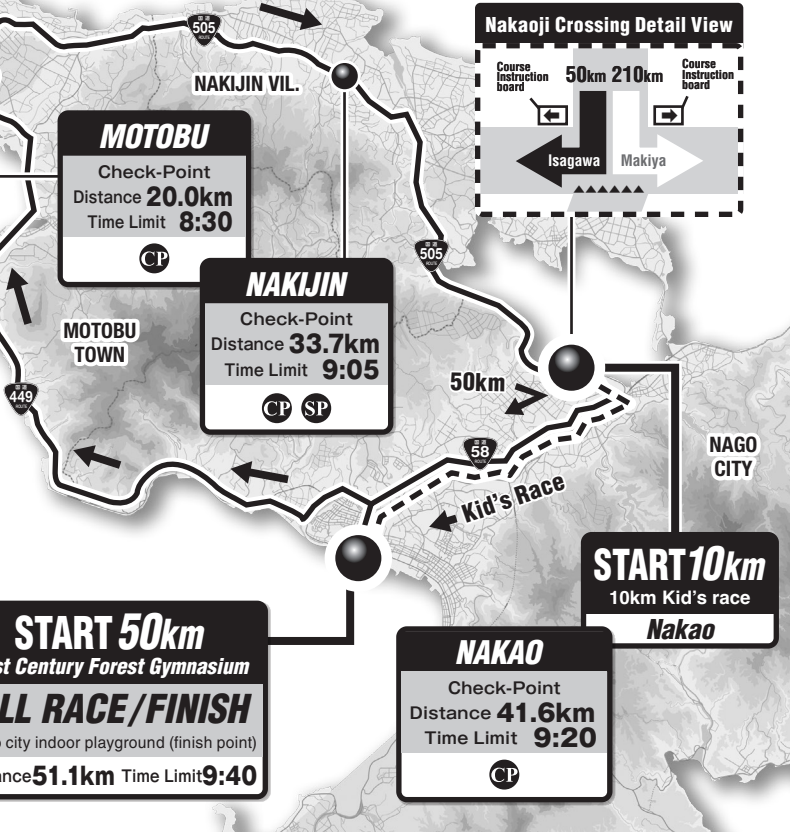
Ride through the "Yanbaru" Okinawa Grab the new star!

Date	November 13th (Sun.)	Maximum	50 participants
Eligibility	Age between 13-15	Maximum	50 participants
Entry Fee	6,000 yen		

Kid's Race 10km

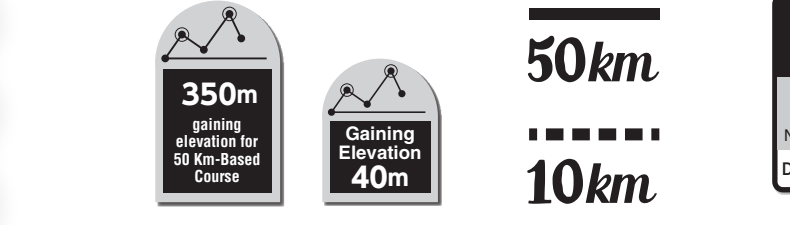
Take your first step in this hot race!

Date	November 13th (Sun.)	Maximum	50 participants
Eligibility	4th-6th Graders Race for both Male and Femal Students.		
Entry Fee	4,000 yen		



CP CHECK POINT
(There is the close at each race and a gateway.)

SP SPRINT POINT
(The first cyclist to pass a sprint point receives a prize.)



START 50km 21st Century Forest Gymnasium	50km
ALL RACE/FINISH Nago city indoor playground (finish point)	10km
Distance 51.1km Time Limit 9:40	
NAKAO Check-Point Distance 41.6km Time Limit 9:20	

YANBARU is the ONE!

Friday
November 11

13:00~17:00	Citizen Road Races and Cycling division Yanbaru Century Ride, Challenge Cycling, and le Island Family Cycling in the cycling category will be accepted only on November 11th.	Entry Registration (Distributing jersey number)
18:00~20:00	Overline reception Citizen Road Races and Cycling division * Pre-registered person only	Entry Registration (Distributing jersey number)



名護局
料金後納

ゆうメール

Blossom out yourself in the tropical island as free as the wind!

What kind of place is "Yanbaru" where the tournament is held?
Yanbaru is the name given to the forested northern part of Okinawa Island in Japan. Yanbaru contains some of the last large surviving tracts of subtropical rainforest in Asia, with many endemic species of flora and fauna. In 2016, Yanbaru National Park was established and the area was included in a submission for inscription on the UNESCO World Heritage List. In addition to the nature, communities residing in Yanbaru have created commercial entities referred to as a "Kyudo-Yanaru". It is a community cooperative of grocery stores that are operated by the local community.

The place of events, water and vegetation

Kunigami VIII.
 The home of forests, water and vegetation
<http://www.kunigami.kyokai.or.jp/>

The village of flowers, water and pastures

Higashi VIII.
 The village of flowers, water and pastures
<http://www.vill.higashi.okinawa.jp/>

The home of culture and tourism

Motobu Town
 The home of culture and tourism
<http://www.town.motobu.okinawa.jp/>

The village rich in water

Kin Town
 The village rich in water
<http://www.town.kin.okinawa.jp/>

The home with sea baba


Izena VIII.
 The home with sea baba
<http://www.town.izenanokuni.okinawa.jp/>

The home of water, greenery and sun

Ginoza VIII.
 The home of water, greenery and sun
<http://www.vill.ginoza.okinawa.jp/>

The home of water, greenery and sun

Iheya VIII.
 The home of water, greenery and sun
<http://www.vill.izenanokuni.okinawa.jp/>


The home of water, greenery and sun

Nago City
 The home of water, greenery and sun
<http://www.city.nago.okinawa.jp/>

The home of water, greenery and sun

Oma VIII.
 The home of water, greenery and sun
<http://www.vill.oma.okinawa.jp/>

The home of water, greenery and sun

Onna VIII.
 The home of water, greenery and sun
<http://www.vill.onna.okinawa.jp/>

The home of water, greenery and sun

le VIII.
 The home of water, greenery and sun
<http://www.vill.imaokuni.okinawa.jp/>

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07:00~07:30	Yanbaru Century Ride Challenge Cycling le Island Family Cycling	START
08:00~17:00	Unicycle Event	
09:00~15:00	Each race division (For the categories start on Sunday)	Entry Registration (Distributing jersey number)
13:30~16:00	Shuttle bus departure to Kunigami	
14:00~19:00	Yanbaru Century Ride Challenge Cycling le Island Family Cycling	FINISH
17:00~20:00	Overline reception * Pre-registered person only	Entry Registration (Distributing jersey number)

06:45~08:00	Men's champion race Citizen Road Races 210km Citizen Road Races 50km Challenge Race 50km Barrier free cycling	START
08:10~09:40	All 50km-Based Race Triangle Race	FINISH
09:00~12:00	Kid's Race 10km (Nago Nakao) Citizen Road Race 140 km (Kunigami Road Station) - Open	START
Note around 09:00	- Masters	
Note 08:30~09:30	International Women's Road Race 100km (Kunigami Oku) Citizen Road Race 100km(Kunigami Oku) - Masters	START
Note 09:30~10:30	Men's Champion Race All Other Races Citizen Road Races Feamross Riders of All the Races	START
11:30~14:00	Awards Ceremony - Closing Ceremony/	FINISH
15:00~17:00		

* Event schedule may change without notice.
Attention: Depending on the race situation, the START time may be changed.

For more information


Application **12:00**
 Registration **8:26**
 Start
www.tour-de-okinawa.jp

2022.11.
12月-13日

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<http://keirin-aidomae.or.jp>

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